



5. The Sabbath Rest

The 4th Commandment

1. What is the "perfect" Sunday like for you?
2. Why do you think God requires us to worship Him regularly when the repetitious nature of our worship threatens to become boring?
3. Did God simply replace Sunday for Saturday or were there any other differences between Old Testament and New Testament worship?
4. What part of your "time" do you tend to hold back from God? Why?