



HOW TO LOVE SOMEONE YOU HATE

## 9. Love Bombs

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1. What resources do you personally have to offer people who have wronged you? Open question.
2. Have you ever reached a point of forgiveness with an enemy? If you have, share that experience with your group.
3. On a scale of 1-10 how successful have you been in learning to love the person you came into the class hating? What is still needed for you to reach your goal?
4. What has been the most beneficial thing you have learned from this class? What would the first piece of advice that you would give someone who is struggling with this problem (trying to love someone they cannot stand)?