

### Info – Review

How to prepare and succeed in a blended family.

1. Know \_\_\_\_\_
2. Pay attention \_\_\_\_\_
3. Build \_\_\_\_\_
4. Include \_\_\_\_\_

How to achieve unity in the blended family

1. Avoid \_\_\_\_\_
2. Give \_\_\_\_\_
3. Establish \_\_\_\_\_
4. Only \_\_\_\_\_ brings true unity.

## I. Children's Reactions to a Blended Family

We have talked about how adults need to adapt, now let's look at children and their needs.

### A. Grieving Children

1. Denial \_\_\_\_\_
2. Anger \_\_\_\_\_
3. Bargaining \_\_\_\_\_
4. Depression \_\_\_\_\_
5. Acceptance \_\_\_\_\_

### B. Development Levels

1. 0-2 years \_\_\_\_\_
2. 2-5 years \_\_\_\_\_
3. 6-12 years \_\_\_\_\_
4. 13+ years \_\_\_\_\_

The goal is \_\_\_\_\_

## II. Life in Two Homes

Children have to adapt to two families and households.

Parenting “Styles” affect children.

1. Star Parent \_\_\_\_\_  
\_\_\_\_\_
2. Glue Parent \_\_\_\_\_  
\_\_\_\_\_
3. Distant Parent \_\_\_\_\_  
\_\_\_\_\_
4. Sometimes Parent \_\_\_\_\_  
\_\_\_\_\_
5. Ruthless Parent \_\_\_\_\_  
\_\_\_\_\_
6. Parent Parent \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## III. The “Week-End” visit

Here are some tips on making the weekend visit more enjoyable

1. Take the initiative \_\_\_\_\_  
\_\_\_\_\_
2. Provide Structure \_\_\_\_\_  
\_\_\_\_\_
3. Be accepting \_\_\_\_\_  
\_\_\_\_\_
4. Provide a home \_\_\_\_\_  
\_\_\_\_\_
5. Give permission to love \_\_\_\_\_  
\_\_\_\_\_
6. Smooth out transitions \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_